

# Leveraging CNN and Transfer Learning for Vision-based Human Activity Recognition

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**Abstract**—With the advent of the Internet of Things (IoT), there have been significant advancements in the area of human activity recognition (HAR) in recent years. HAR is applicable to wider application such as elderly care, anomalous behaviour detection and surveillance system. Several machine learning algorithms have been employed to predict the activities performed by the human in an environment. However, traditional machine learning approaches have been outperformed by feature engineering methods which can select an optimal set of features. On the contrary, it is known that deep learning models such as Convolutional Neural Networks (CNN) can extract features and reduce the computational cost automatically. In this paper, we use CNN model to predict human activities from Wiazmann Dataset. Specifically, we employ *transfer learning* to get deep image features and trained machine learning classifiers. Our experimental results showed the accuracy of 96.95% using VGG-16. Our experimental results also confirmed the high performance of VGG-16 as compared to rest of the applied CNN models.

**Index Terms**—Activity recognition, deep learning, convolutional neural network.

## I. INTRODUCTION

Human activity recognition (HAR) is an active research area because of its applications in elderly care, automated homes and surveillance system. Several studies has been done on human activity recognition in the past. Some of the existing work are either wearable based [1] or non-wearable based[2] [3]. Wearable based HAR system make use of wearable sensors that are attached on the human body. Wearable based HAR system are intrusive in nature. Non-

wearable based HAR system do not require any sensors to attach on the human or to carry any device for activity recognition. Non-wearable based approach can be further categorised into sensor based [2] and vision-based HAR systems [3]. Sensor based technology use RF signals from sensors, such as RFID, PIR sensors and Wi- Fi signals to detect human activities. Vision based technology use videos, image frames from depth cameras or IR cameras to classify human activities. Sensor based HAR system are non-intrusive in nature but may not provide high accuracy. Therefore, vision-based human activity recognition system has gained significant interest in the present time. Recognising human activities from the streaming video is challenging.

Video-based human activity recognition can be categorised as marker-based and vision-based according to motion features

[4]. Marker-based method make use of optic wearable marker- based motion capture (MoCap) framework. It can accurately capture complex human motions but this approach has some disadvantages. It require the optical sensors to be attached on the human and also demand the need of multiple camera settings. Whereas, the vision based method make use of RGB or depth image. It does not require the user to carry any devices or to attach any sensors on the human. Therefore, this methodology is getting more consideration nowadays, consequently making the HAR framework simple and easy to be deployed in many applications.

Most of the vision-based HAR systems proposed in the literature used traditional machine learning algorithms for activity recognition. However, traditional machine learning methods have been outperformed by deep learning methods in recent time [5]. The most common type of deep learning method is Convolutional Neural Network (CNN). CNN are largely applied in areas related to computer vision. It consists series of convolution layers through which images are passed for processing. In this paper, we use CNN to recognise human activities from

Wiezmann Dataset. We first extracted the frames for each activities from the videos. Specifically, we use

We applied three different CNN models to classify human

- 1) We used *transfer learning* to leverage the knowledge gained from large-scale dataset such as ImageNet [6] to the human activity recognition dataset. The rest of the paper is as follows: Section II provide an overview of the related work in video-based HAR systems. We provide

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## II. RELATED WORK

There have been a lot of research on vision-based human activity recognition in recent years. Most of the studied methods have depend on handcrafted feature extraction from the videos/images and employed traditional classifiers for activity recognition. The traditional approaches often achieved optimum results and exhibited high performances. However, traditional methods are not feasible to deploy in real life because handcrafted features are highly dependent on data and are not robust to the environment change.

Hidden Markov Model (HMMs) methods have been largely used as the recognition techniques in the past because of its capability of temporal pattern decoding [7]. However, researchers are more interested in using deep learning techniques because of its ability to automatically extract the features and learn deep pattern structures [5] [7]. Deep learning methods have clearly ruled out traditional classification methods in the domain of computer vision [5] [8]. Deep learning techniques have been largely employed recently in the domain of computer vision and have achieved tremendous results. Therefore, video-based human activity recognition using deep learning models have gained a lot of interest in recent years [5].

Zhu et al. [4] proposed an action classification method by adding a mixed-norm regularization function to a deep LSTM network. One of the most popular deep learning methods in frames/image processing is Convolutional Neural Network (CNN). There have been several works that utilized 2D-CNNs that take advantages of spatial correlation between the video frames and combine the outputs employing different strategies [9] Many have also used additional input such as optical flow to 2D-CNN to get temporal correlations information [10]. Subsequently, 3D-CNNs [11] were introduced that demonstrated exceptional results in the classification of videos and frames.

Wang et al. [12] applied CNN to RGB and depth frames to automatically extract the features. The obtained features were passed through a fully connected neural network and achieved an improved accuracy. Ji et al. [13] proposed a 3D CNN model which performs 3D convolutions and extract spatial

*transfer learning* to get deep image features and trained machine learning classifiers. We applied 3 different CNN models to classify activities and compared our results with the existing works on the same dataset. In summary, the main contributions of our work are as follows:

recognition activities and we showed the accuracy of 96.95% using VGG-16.

an overview of transfer learning in section III. Section IV outline the research methodology, sources of data, research approach and discuss the experimental results. Conclusion and future work are drawn in Section V.

## III. TRANSFER LEARNING

Transfer learning [18] is a method of transferring *knowledge* that a model has learned from earlier extensive training to the current model. The deep network models can be trained with significantly less data with transfer learning. It has been used to reduce training time and improve accuracy of the model. In this work, we use *transfer learning* to leverage the knowledge gained from large-scale dataset such as ImageNet. We first extract the frames for each activities from the videos. We use *transfer learning* to get deep image features and trained machine learning classifiers. For all CNN models, pre-trained weights on ImageNet are used as starting point for transfer learning. ImageNet [6] is a dataset containing 20000 categories of activities. The knowledge is transferred from pre-trained weights on ImageNet to Weizmann dataset, since set of activities recognised in this work fall within the domain of ImageNet. The features are extracted from the penultimate layer of CNNs. The basic idea of transfer learning is as shown in Figure 1.

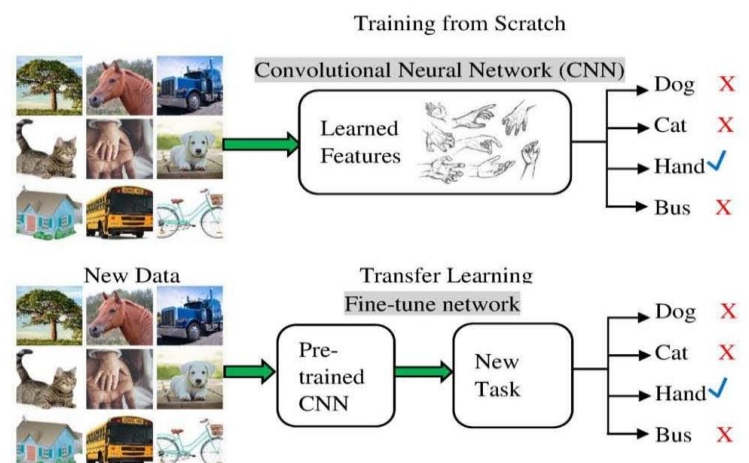


Fig. 1. Schematic diagram to demonstrate transfer learning.

The main approaches in transfer learning are: (1). to preserve the original pre-trained neural model of large-scale dataset and update weights of the trained model on the target

activity. Table I shows the total number of frames per activity based on the extracting frames for all 9 people. The entire dataset is divided into *Training* (70%), *Validation*(10%), and *Testing* (20%).

TABLE I  
 DATASET STATISTICS IN TERMS OF NUMBER OF FRAMES PER ACTIVITY

Activity	Number of Frames
Bend	639
Jack	729
Jump	538
Run	346
Side	444
Skip	378
Walk	566
Wave1	653
Wave2	624
Total	4917

### B. Discussion and Results

In order to classify activities, we experiment with 3 different Convolutional Neural Networks (CNN) for activity recognition, namely *VGG-16*, *VGG-19* and Google's *InceptionNet-v3*. We used *transfer learning* to leverage the knowledge gained from large-scale dataset such as ImageNet. Transfer learning technique transfer knowledge from pre-trained model to train a new domain in neural network. We performed experiment on Weizmann dataset using the knowledge learned from pre-trained weights on ImageNet. The features are extracted from the penultimate layers of CNNs. We applied transfer learning on VGG-16 CNN model and achieved accuracy of 96.95% .

For VGG-16, image of dimensions  $224 \times 224$  is given as an input and features from *fc1* layer are extracted which gives 4096-dimensional vector for each image.

We also applied transfer learning to other CNN models such as VGG-19 and Google's InceptionNet-v3 to examine the performance of the different CNN models. VGG-19 and

Google's InceptionNet-v3 achieved 96.54% and 95.63% respectively. Experimental results showed that VGG-16 performs better than the rest of the CNN models after all the models have been applied transfer learning. Table II reports accuracy score, precision, recall, and f1-score of the applied CNN models. The confusion matrix of 3 different CNN models are as shown in Figure 2, 3 and 4.

We compared the results achieved from some of the other approaches that do not employed transfer learning on Weizmann dataset with our approach. The experiment results showed that applying transfer learning to the same dataset achieved better recognition scores. The recognition accuracy

is improved by 1 – 6% by applying transfer learning. The comparison of results utilising transfer learning on VGG-16

model and other approaches are presented in Table III. The comparison with state-of-the-art approaches is done to explore how effective is transfer learning when leveraged with CNN models for improving recognition scores

TABLE III  
 PERFORMANCE COMPARISON USING WEIZMANN DATASET

Model	Accuracy (in %)
VGG-16	96.95
Cai et al. [19]	95.70
Kumar et al. [20]	95.69
Feng et al. [21]	94.10
Han et al. [22]	90.00

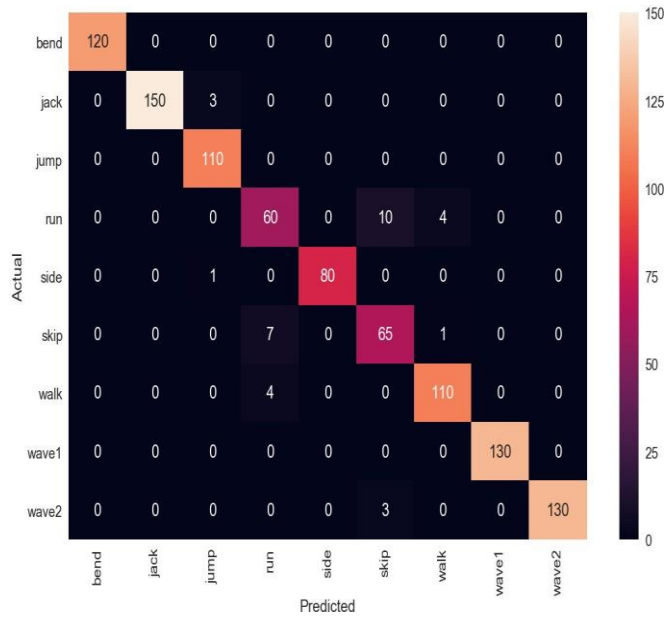


Fig. 2. Confusion Matrix for recognising 9 activities on Weizmann Dataset using VGG-16 Convolutional Neural Network

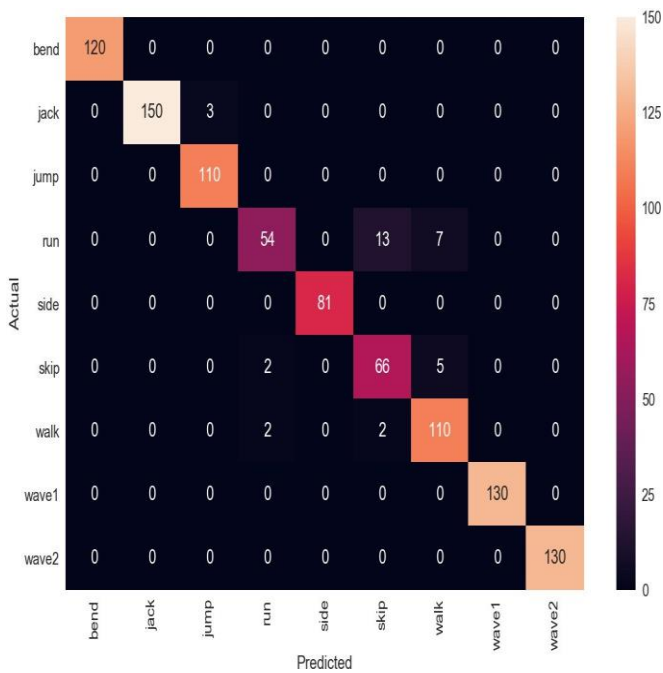


Fig. 3. Confusion Matrix for recognising 9 activities on Weizmann Dataset using VGG-19 Convolutional Neural Network

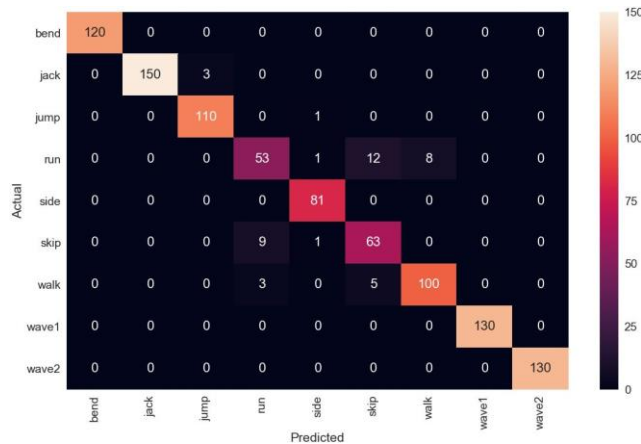


Fig. 4. Confusion Matrix for recognising 9 activities on Weizmann Dataset using Inception-v3 Convolutional Neural Network

Figure 2, 3 and 4 show the confusion matrix of 3 different Convolutional Neural Networks (CNN) after applied transfer learning, which were used to classify frames of different activities using VGG-16, VGG-19 and Google’s InceptionNet- v3 respectively. It is evident from Figure 2, 3 and 4 that VGG-16 has mis-classification in predicting run activity as skip, VGG-19 has mis-classification in predicting run activity as skip, and skip as walk, and Google’s InceptionNet-v3 has mis-classification in predicting run activity as skip which are very similar in terms of their visual perception. Employing transfer learning on the CNN models have increased the accuracy of the activity recognition. However, transfer learning technique used in our work with the knowledge transferred from pre-trained weight on Imagenet may be compromised, since Imagenet contains images of several different categories.

#### V. CONCLUSION

We used CNN models to predict the human activities from Weizmann Dataset. We experimented with 3 different Convolutional Neural Networks (CNN) for activity recognition. We have employed transfer learning to get the deep image features and trained machine learning classifiers. Our experimental results showed the accuracy of 96.95% using VGG-16 with the implementation of transfer learning. Our experimental results showed that VGG-16 outperformed other CNN models in terms of feature extraction. Our experimental results with transfer learning technique also showed high performance of VGG-16 as compared to state-of-the-art methods.

In future, we aim to extend this study by developing the context-aware recognition system to classify human activities. Also, we will extend our work to recognise

complex human activities such as cooking, reading books, and watching TV.

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